

# Coming to work sick doesn't make you a hero.



Go home!



Rest! Let people know to stay away for 14 days.



If you have to be around others, wear a mask, bandana or scarf around your nose and mouth.



If it's hard to breathe or you have a high fever, call your doctor or go to the ER.



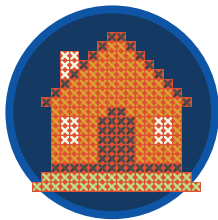
**VIRGINIA'S HEALTH  
IS IN OUR HANDS.**

Do your part, stop the spread.

**VDH** VIRGINIA  
DEPARTMENT  
OF HEALTH



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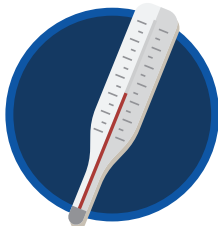
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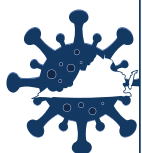
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